



THE BREEZE AT DAWN HAS SECRETS TO TELL YOU.

DON'T GO BACK TO SLEEP

YOU MUST ASK FOR WHAT YOU REALLY WANT.

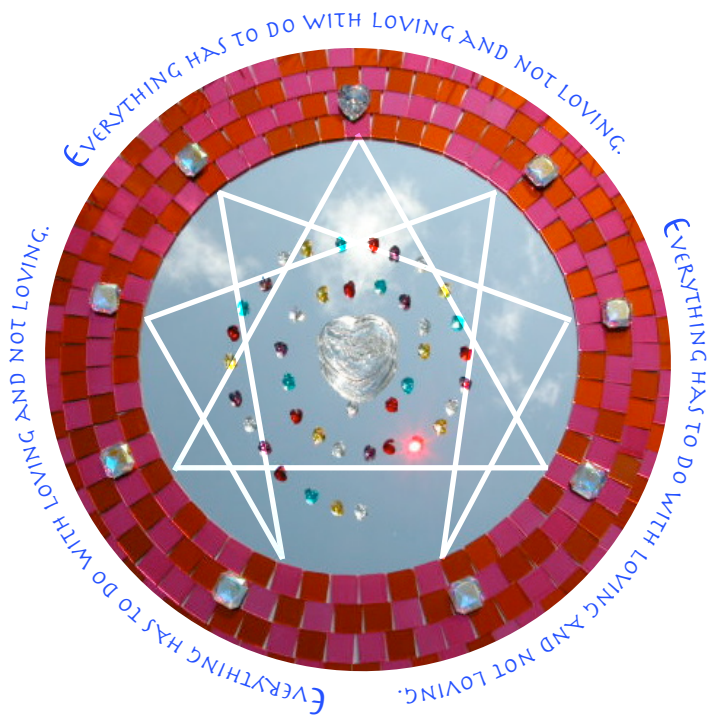
DON'T GO BACK TO SLEEP

PEOPLE ARE GOING BACK AND FORTH ACROSS THE
DOORSILL WHERE THE TWO WORLDS TOUCH.

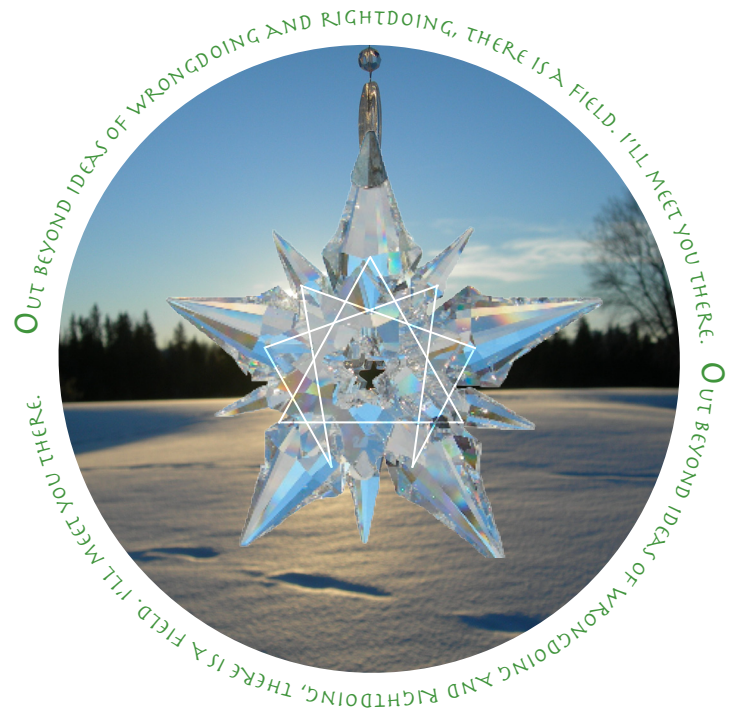
THE DOOR IS ROUND AND OPEN.

DON'T GO BACK TO SLEEP

RUMI



MY WORST HELD-BACK SECRETS:
 A NIGHT FULL OF TALKING THAT HURTS,
 EVERYTHING HAS TO DO WITH LOVING AND NOT LOVING
 THIS NIGHT WILL PASS.
 THEN WE HAVE WORK TO DO.
 PAINSTAKING WORK,
 THEN THE SWAN SPREADS ITS WINGS.
 RUMI



WHEN THE SOUL LIES DOWN IN THAT GRASS,
 THE WORLD IS TOO FULL TO TALK ABOUT.
 IDEAS, LANGUAGE, EVEN THE PHRASE EACH OTHER
 DOESN'T MAKE ANY SENSE.
 RUMI



WHAT HURTS THE SOUL?
 TO LIVE WITHOUT TASTING THE WATER OF ITS OWN ESSENCE.
 LONGING IS THE CORE OF MYSTERY.
 LONGING ITSELF BRINGS THE CURE.
 THE ONLY RULE IS, SUFFER THE PAIN.
 RUMI



YOUR WAY BEGINS ON THE OTHER SIDE.
 BECOME THE SKY
 TAKE AN AXE TO THE PRISON WALL.
 ESCAPE.
 WALK OUT LIKE SOMEONE SUDDENLY BORN INTO COLOR.
 DO IT NOW.
 RUMI



I HAVE PUT DUALITY AWAY AND SEE THE TWO WORLDS AS ONE.
 ONE I SEEK, ONE I KNOW. ONE I SEE, ONE I CALL...
 HE IS OUTWARD, HE IS INWARD.
 OUT BEYOND DUALITY, WE HAVE A HOME, AND IT IS GLORY...
 THIS IS THE TIME OF UNION, THE TIME OF ETERNAL BEAUTY.
 ABANDON YOUR STAGNANT POOL FOR THE RUNNING WATERS OF LIFE...
 FROM THE WORLD OF SEPARATION TO THE WORLD OF UNION.
 RUMI



MUHAMMAD GAVE THIS INDICATION OF HOW TO KNOW WHAT'S REAL.
 "WHEN YOU FEEL A PEACEFUL JOY, YOU'RE NEAR THE TRUTH.
 UNQUIET AND OFF CENTER, JEALOUS OR GREEDY, THEN WHAT YOU
 DO SEEMS PRETENTIOUS AND THOSE AROUND YOU INSINCERE.
 SPEAK THE CLEARST TRUTH YOU KNOW, AND LET THE UNEASINESS HEAL."
 WHEN WORDS ARE TINGED WITH LYING, THEY'RE LIKE
 WATER DRIPPING INTO AN OIL LAMP.
 THE WICK WON'T LIGHT,
 AND THE PLEASURE OF YOUR LOVE WILL DIMINISH.
 RUMI



TO CHANGE, A PERSON MUST FACE THE DRAGON OF HIS APPETITES
 WITH ANOTHER DRAGON, THE LIFE-ENERGY OF THE SOUL.
 WHEN THAT'S NOT STRONG, THE WORLD SEEMS FULL OF PEOPLE
 WHO HAVE YOUR FEARS AND WANTINGS.
 AS ONE THINKS THE ROOM IS SPINNING WHEN HE'S WHIRLING AROUND.
 WHEN YOUR LOVE CONTRACTS IN ANGER,
 THE ATMOSPHERE ITSELF FEELS THREATENING
 BUT WHEN YOU'RE EXPANSIVE, NO MATTER WHAT THE WEATHER,
 YOU'RE IN AN OPEN, WINDY FIELD WITH FRIENDS.
 RUMI



KEEP DIGGING YOUR WELL. DON'T THINK ABOUT GETTING OFF FROM WORK.
 WATER IS THERE SOMEWHERE. SUBMIT TO A DAILY PRACTICE.
 YOUR LOYALTY TO THAT IS A RING ON THE DOOR.
 KEEP KNOCKING, AND THE JOY INSIDE WILL EVENTUALLY
 OPEN A WINDOW AND LOOK OUT TO SEE WHO IS THERE.
 A NEW MOON TEACHES GRADUALNESS AND DELIBERATION
 AND HOW ONE GIVES BIRTH TO ONESELF SLOWLY.
 PATIENCE WITH SMALL DETAILS MAKES PERFECT A LARGE WORK,
 LIKE THE UNIVERSE.
 WHAT NINE MONTHS OF ATTENTION DOES FOR THE EMBRYO
 FORTY MORNINGS WILL DO FOR YOUR GRADUALLY GROWING WHOLENESS.
 RUMI